

Notices.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

A Tired Pro.—We sympathise with your trouble, but it is one which every nurse more or less undergoes. The constant standing causes the feet to swell, and to become hot and uncomfortable. You can do a good deal to relieve the discomfort by frequently changing your shoes. Have you tried the shoes of the London Shoe Company? It has show-rooms at 21, Sloane Street, 123, Queen Victoria Street, and 116, New Bond Street, and the stock of this firm is so large that there is little difficulty in fitting any foot with ready-made shoes, while they can supply shoes of a quality suited to the most tender feet. It is frequently the quality of the leather used which draws tender feet, and causes much suffering. If you have had trouble in this way we should advise your trying the shoes of the London Shoe Company.

Two Hospital Sisters.—You could not spend your holiday more pleasantly than by making a tour in Holland and Belgium, and it need not cost you more than an ordinary holiday at the seaside in England. Of the two countries Belgium is decidedly the cheaper. We should recommend you to go from London to Dover, cross to Ostend, and make your first stopping place at Bruges, a delightful old city, where there is much to be seen of interest, both architecturally and artistically. There are also very pleasant excursions to be made from Bruges; from there you should go to Ghent, which is full of interest, then to Malines, and on to Brussels, a most charming city, both from a modern and ancient point of view. The Antwerp picture galleries have a world-wide renown, and the Cathedral is exceptionally fine. From there you can return by boat down the Scheldt to London, or extend your travels into Holland. The Hague, Scheveningen, Delft, Amsterdam, and the dead cities of the Zuyder Zee will afford you much pleasure. If you stay at the International Pensions you can live most reasonably. We shall be pleased to give you further information on this point if you desire it.

Certificated Nurse.—We quite agree with you that a nurse needs further training beyond that gained in her three year probation before she is qualified to act as a matron. The United States has shown the way by instituting a special course of instruction at Teacher's College, Columbia University, New York, for graduate nurses endorsed by their superintendents, who desire to qualify for positions as superintendents. It is a detail of organization which must shortly receive attention in this country.

Mrs. Phelps.—There is a certain sub-stratum of truth in the statement that "nurses are born, not made." In the same way poets, artists, and musicians are born, and no amount of training can make unpoetical, inartistic, or unmusical persons one or the other. Yet their gifts without training and application remain for the most part latent, and exactly the same holds good with nursing.

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